



Akita,  
Towada-Hachimantai  
National Park

# 7 Hot Springs in a beech forest

# Nyuto Onsen-kyo

(Nyuto Hot Springs Village)

温泉郷 (Onsenkyo)



## Nyuto Onsen-kyo Area guide

### Akita Komagatake

A treasure trove of alpine plants. The 6th station is accessible by car, so visitors can enjoy casual trekking to the top. It takes about an hour to reach the summit from the 6th station. (About 30 minutes by car, but private vehicles are prohibited between June and October.)



### Kakunodate

The castle town looks much the same as it did during the feudal era, with its long back walls down streets lined with samurai residences and kura shops. One of the merchant areas dating back 200 years. Kakunodate is a famous place to view cherry blossoms. It takes about 60 minutes to get there by car.



### Lake Tazawa

This straits is Tatsuko. Lake Tazawa's mysterious heron of legend. (About 20 minutes by car, about 30 minutes to the Statue of Tatsuko.)

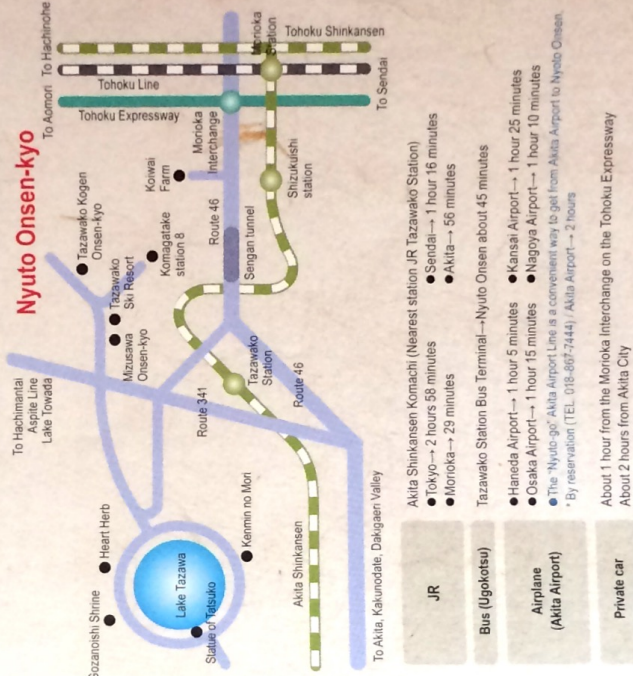


### Dakigaeri Valley

Famous for fresh green in the spring and autumn colors. An emerald green mountain stream plugs down the high-lifted valley, making for stunning views to those who gaze at it while walking by. It takes about 50 minutes to get there by car.



### Nyuto Onsen-kyo



#### JR

- Akita Shinkansen Komachi (Nearest station JR Tazawako Station)
- Tokyo → 2 hours 58 minutes
- Morioka → 29 minutes
- Akita → 56 minutes

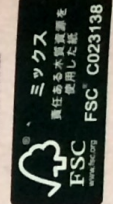
#### Bus (Iigokotsu)

- Tazawako Station Bus Terminal → Nyuto Onsen about 45 minutes
- Handa Airport → 1 hour 5 minutes
- Osaka Airport → 1 hour 15 minutes
- Nagoya Airport → 1 hour 10 minutes
- The "Nyuto-go" Akita Airport Line is a convenient way to get from Akita Airport to Nyuto Onsen.
- \* By reservation (TEL. 018-667-7444) / Akita Airport → 2 hours

#### Airplane (Akita Airport)

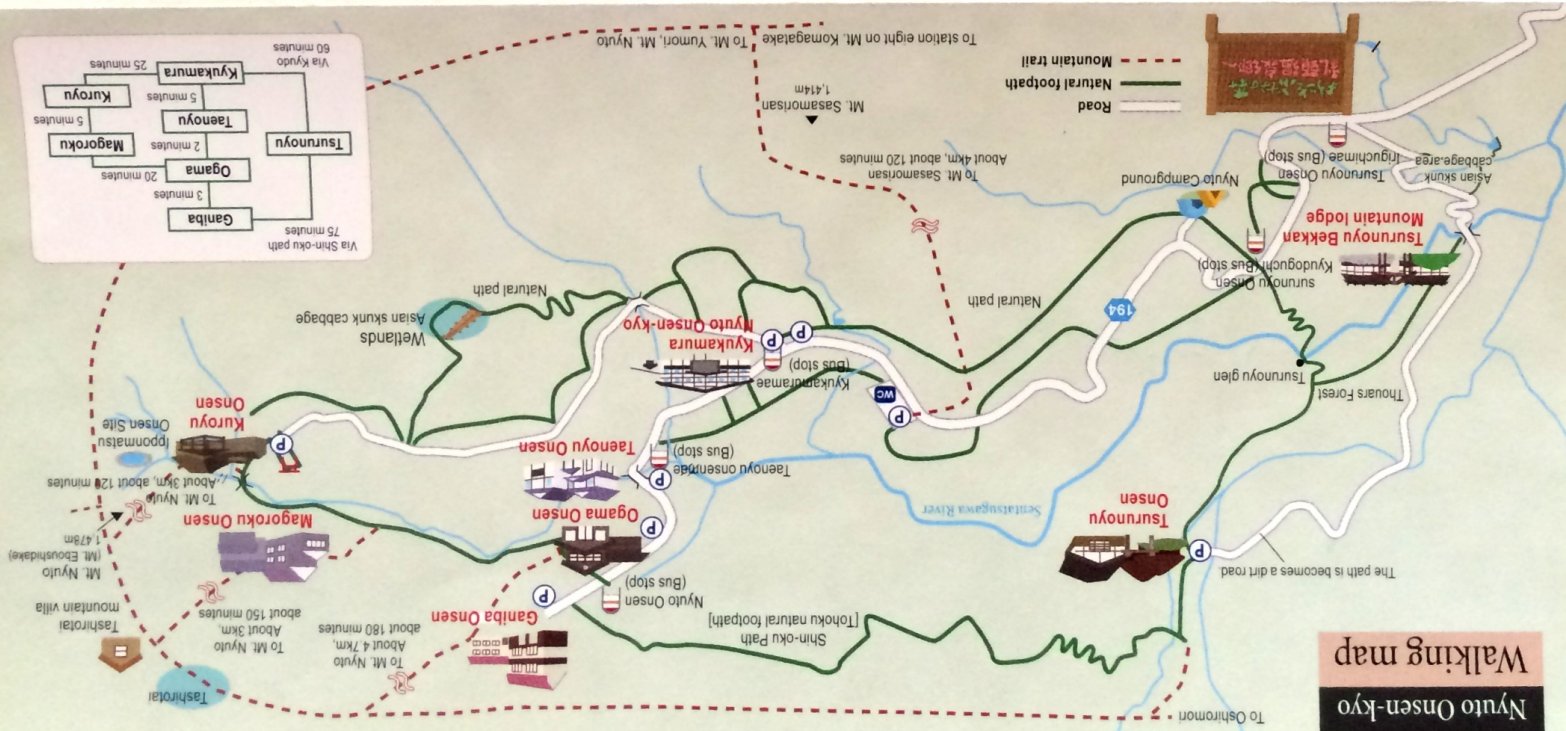
#### Private car

About 1 hour from the Morioka Interchange on the Tohoku Expressway  
About 2 hours from Akita City



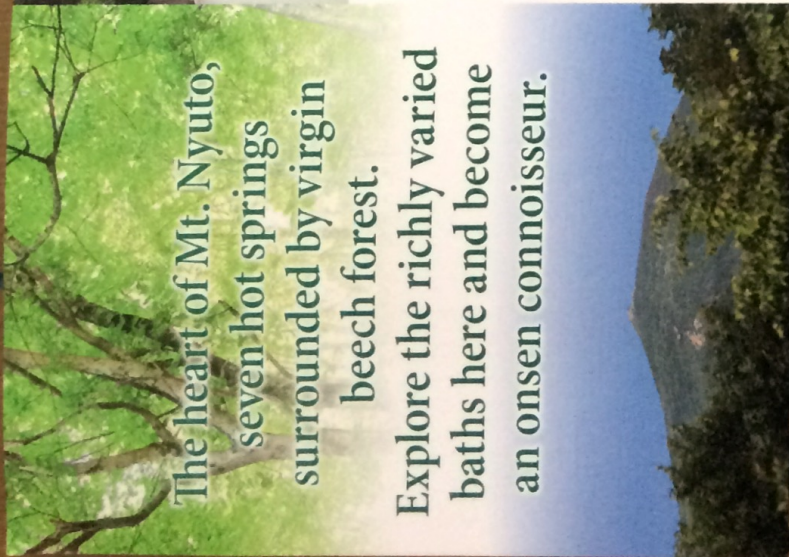
## Nyuto Onsen Association

Office: At Kyukamura Nyuto Onsen-kyo  
2-1 Komagatake, Tazawako, Semboku, Akita 014-1201



Nyuto Onsen-kyo Walking map

The heart of Mt. Nyuto,  
seven hot springs  
surrounded by virgin  
beech forest.  
Explore the richly varied  
baths here and become  
an onsen connoisseur.



A secluded hot spring with singular hospitality

## 妙乃湯

TAENOYU Hot Spring

The interiors and lighting of this little hideaway are quiet and relaxed. Everything from the food and tableware to various amenities is refined for sophisticated hospitality, and Taenoyu Onsen itself is very popular among women. With two different springs and baths, guests can enjoy exploring various hot springs. The designation of baths for men or women is changed daily.

**Type of Hot Spring:** Kinmyu acidic calcium, magnesium-sulfate, Goryu-type hot spring  
**Effective for:** Chronic skin disease, rheumatism, nerve pain, anemia, chronic eczema, itches, skin wounds, diabetes, rehabilitation, beautiful skin, and skin wounds  
**Hours:** 10:00 - 15:00  
**Days closed:** Tuesdays (This may change due to national holidays)  
**Bathing fee:** Adults 720 yen  
**Bathing facilities:** Indoor baths 1 each for men and women, Outdoor baths 1 each for men and women, Unisex baths, 1 Bath for lying down (outdoor), Private bath (free for guests, 1,080 yen per hour for walk-in visitors)



Phone: 0187-46-2740

## 鶴の湯温泉

TSURUNOYU Hot Spring

This hot spring has the longest history in Nyuto Onsen-kyo. It was a spa used by the feudal lord of Akita. The rows of thatched roof houses that were used by his samurai guards remain unchanged to this date, and are now guest lodges. There are nine baths in all, including a milky outdoor bath for both men and women, and baths of different consistencies labeled "black" and "white."

**Type of Hot Spring:** Contains sulfur, sodium chloride, and hydrogen carbonate  
**Effective for:** High blood pressure, arteriosclerosis, chronic skin diseases, chronic women's illnesses, skin wounds, diabetes, etc.  
**Hours:** 10:00 - 15:00  
**Days closed:** The outdoor bath is closed on Mondays (This may change due to national holidays)  
**Bathing fee:** Adults 510 yen  
**Bathing facilities:** Indoor baths 3 each for men and women, Outdoor baths, unisex 1, women 1 (2 in the summer)



Phone: 0187-46-2139

The wooden structure creates a feeling of nostalgia

## 大釜温泉

OGAMA Hot Spring

Ogama Onsen is located in the middle of a steep slope. It is housed in an abandoned school that was moved to this location and restored, giving the appearance of a rustic old schoolhouse. The green-tinted spring water here is acerbic and known to be excellent for healing wounds and skin problems. There is a hot spring foot bath near the entrance, the only one in the Nyuto Onsen-kyo. It's ideal for taking a rest from your hike or relaxing while you wait for the bus.

**Type of Hot Spring:** Acidic, ferruginous (H)-Aluminum-hydroxide  
**Effective for:** Chronic skin disease, rheumatism, and nerve pain  
**Hours:** 9:00 - 16:30  
**Days closed:** None  
**Bathing fee:** Adults 510 yen  
**Bathing facilities:** Indoor baths 1 each for men and women, Outdoor baths 2 each for men and women



Phone: 0187-46-2438

## 休暇村乳頭温泉郷

KYUKAMURA NYUTO ONSEN-KYO Hot Spring

Kyukamura Nyuto Onsen-kyo is a resort area in a secluded hot springs village. Two types of spring water from two different sources gush out to fill the large bath. There is a campground and outdoor facilities, making it a perfect place for families and groups to use as a base camp.

**Type of Hot Spring:** Simple sulfur spring, Sodium hydro-carbonate spring  
**Effective for:** Chronic skin diseases, chronic stomach disease, etc.  
**Hours:** 11:00 - 17:00  
**Days closed:** None  
**Bathing fee:** Adults 510 yen  
**Bathing facilities:** Indoor baths 2 each for men and women, Outdoor baths 1 each for men and women



Phone: 0187-46-2244

Enjoy this bathing paradise while you enjoy the picturesque natural view

## 蟹場温泉

GANIBA Hot Spring

Ganiba Onsen, founded in 1846, was named for the many freshwater crabs that inhabit the nearby streams. There are stone and wood baths in the main area, and a unisex outdoor bath about a 50 meter walk from the main building in a beech forest. The outdoor bath is designated for women only during a limited time at night.

**Type of Hot Spring:** Simple sulfur spring  
**Effective for:** Women's illnesses, diabetes, skin disease, heart disease, and nerve pain  
**Hours:** 9:00 - 16:30  
**Days closed:** None  
**Bathing fee:** Adults 510 yen  
**Bathing facilities:** Indoor baths 2 each for men and women, Outdoor baths 1 unisex (reserved for women only from 19:30 - 20:30)



Phone: 0187-46-2021

A day off relaxing in a hot springs with amenities

## 黒湯温泉

KUROYU Hot Spring

Kuroyu Onsen, the most remotely located of the bath areas in Nyuto Onsen-kyo, was first discovered about 330 years ago. This hot spring has a long history. There are thatched and cedar-bar roofed lodges and traditional old bath houses, creating a refined traditional spa atmosphere, allowing guests to luxuriate in the milky white spring water and soak in the splendor of the surrounding mountains.

**Type of Hot Spring:** Kinmyu is a simple sulfur spring. Shimonoyu is a simple hot spring.  
**Effective for:** High blood pressure, arteriosclerosis, peripheral circulation disorder, Rheumatism, etc.  
**Hours:** 9:00 - 16:00  
**Days closed:** None (Closed in the winter from mid-November to mid-April)  
**Bathing fee:** Adults 510 yen  
**Bathing facilities:** Indoor baths 2 each for men and women, 1 unisex bath, Outdoor bath 1 each for men and women, 1 unisex bath, Waterfall shower, 1 outdoor, one indoor



Phone: 0187-46-2214

"Mountain medicine water" is surrounded by the lively sound of the Sentatsugawa River.

## 孫六温泉

MAGOROKU Hot Spring

Magoroku Onsen stands on the bank of the Sentatsugawa River gorge, far from the road. The spring water that gushes to the surface here has various properties and is known affectionately as "mountain medicine water" for its many health benefits. Magoroku Onsen is open during the winter while the area is covered in deep snow, and the resounding sounds of nature calm the hearts of visitors.

**Type of Hot Spring:** Simple hot spring  
**Effective for:** Chronic skin disease, Chronic women's illnesses, chronic stomach disease, rehabilitation, and skin wounds  
**Hours:** 9:00 - 16:00 Winter 9:00 - 16:00  
**Days closed:** None  
**Bathing fee:** Adults 510 yen  
**Bathing facilities:** Indoor baths 1 each for men and women, 1 unisex, Outdoor baths 2 unisex, 1 for women



Phone: 0187-46-2224

A hot springs like a hidden viage deep in the mountains